



2018 WILDCAT SIDELINE CHEERLEADING INFORMATION

Welcome to the MMFA Cheer Program! We are looking forward to a great season. Our goal is for your child to walk away with good cheerleading fundamentals and new skills, high self-esteem, strong leadership skills, new friends, and a smile!

COMMUNICATION

Communication is essential! Our primary sources of communication are email and our website: www.mburgwildcats.com. If you have questions or concerns, speak with your child's coach first. If the issue is not resolved with your coach, contact the VP of Cheer. If the VP of Cheer is unable to resolve the issue, you may present it to MMFA Board. To request to have an item added to the agenda, send an email to mburgwildcats@gmail.com.

REGISTRATION

Cheer registration is completed online at www.mburgwildcats.com. The 2018 registration fee is \$150 (includes \$20 uniform deposit and \$20 volunteer fee).

Team Breakdowns: SMURF- K, 1st grade; PEE WEE- 2nd & 3rd grade; PONY- 4th & 5th grade; MIDGET- 6th, 7th, 8th grade
Please note: The MMFA may adjust team breakdowns to best serve the number of participants.

VOLUNTEER REQUIREMENT and OTHER OPPORTUNITIES

The MMFA cannot be successful without the efforts of all of its volunteers. Because of this, parents are required to volunteer two hours per child. An online Sign Up sheet will be made available. If your volunteer requirement is fulfilled, you will be refunded the \$20 volunteer deposit.

In addition to the volunteer requirement, there are opportunities available throughout the organization. If you are interested in coaching, please contact the VP of Cheer for more information. If you are interested in being a team parent, please contact the Cheer Registrar. If you are interested in participating on the MMFA board, or on any of the MMFA's standing committees, please contact the Board President.

IMPORTANT DATES

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| May 24: | Registration Deadline |
| May 31: | Uniform Fittings - St. Peter's Lutheran Church - arrival times vary per team Sub sale orders and payment due (optional personal fundraiser) |
| June 11: | Sub Sale Pick Up at Memorial Park @ 6PM |
| June 19: | Accessory Fittings - Location TBD - arrival times vary per team Lottery Ticket distribution |
| July 10: | Practice at Memorial Park @ 6PM (continue Tuesdays and Thursdays) Birth certificate copy due Lottery tickets and payment due |
| July 19: | Team Color Night: Smurf - yellow; PeeWee - pink; Pony - black; Midget - maroon |
| July 26: | Crazy Sock Night |
| August 2: | Cheer Bow Night |
| August 9: | Maroon and Steel Night |
| August 16: | No Practice for Smurf, PeeWee, and Pony due to Back to School Nights |
| August 17: | Pep Rally |
| August 18 (tentative): | Team and Individual Pictures - arrival times vary per team |
| TBA: | Picture Retakes |
| August 26: | First Varsity Game |
| September 8/9: | Bye Week - no Varsity games; however, cheerleaders may cheer for JV |
| September 28: | Youth Appreciation Night |
| October 7: | MMFA Pink Out |
| October 9: | Halloween Parade |
| October 14: | Final Year Midget Recognition |
| November 30: | End of the Season Award Ceremony |

FUNDRAISERS

Mandatory Lottery Ticket Fundraiser: Each cheerleader is required to sell 10 lottery tickets at \$5.00 each. Tickets will be distributed at uniform fittings. You may opt out of this fundraiser by making a \$50.00 donation. Lottery ticket money and completed stubs are due July 10. Checks should be made payable to MMFA.

Optional Sub & Sandwich Fundraiser: You may participate in a sub/sandwich fundraiser to offset your accessory costs. You will earn \$2.50 for each sub and \$2.25 for each sandwich sold. This fundraiser is optional, but HIGHLY RECOMMENDED as it can dramatically reduce your out of pocket cost. The order and money is due May 31 at uniform fittings. Pick up is June 11 at Memorial Park at 6:00PM.

- Your customers will pay you the list price: subs are \$6; sandwiches are \$5.
- You will only pay MMFA the actual cost: subs are \$3.50; sandwiches are \$2.75.
- Payment should be in the form of one check made payable to MMFA.
- Example: You sell 10 subs and 10 sandwiches:
You will collect \$110 from your customers
(10 subs x \$6 = \$60 in subs, 10 sandwiches x \$5 = \$50 in sandwiches)
You will pay MMFA only the cost of \$62.50
(10 subs x \$3.50 = \$35 in subs, 10 sandwiches x \$2.75 = \$27.50 in sandwiches).
You will keep the remaining profit of \$47.50

UNIFORMS and ACCESSORIES

A cheer uniform consists of a skirt, shell, bodysuit (in cooler weather), boyshorts, socks, sneakers and a bow. Also required and worn as needed are: warm-up jacket, black leggings, and a rain jacket.

Uniform Fittings: We will conduct uniform fittings on May 31. Please be sure your cheerleader wears a swimsuit under her clothing so the uniform can be fitted. Smurfs @ 6:15PM, PeeWees @ 6:45PM, Ponies @ 7:15PM, Midgets @ 7:45PM.

Uniform Distribution and Return: Uniforms (skirt, shell and bodysuit) will be distributed prior to the first game. The \$20 deposit paid at registration will be refunded when you turn in a clean, undamaged uniform at the end of the season. If you do not turn in the uniform, you will be billed \$150.00 for replacement and your child will not be eligible to participate next year until the uniform is returned or payment is made.

Care for the Uniform: Uniforms must be hand washed and hung dry.

Uniform Use: Uniforms may be worn to MMFA games and functions only, and must be clean to participate. Midget cheerleaders may wear uniforms to school on Fridays before home games. PeeWee, Pony, and Midget cheerleaders may wear uniforms to school on the Friday of Youth Appreciation Night. Smurf cheerleaders are not permitted to wear their uniforms to school. **** A t-shirt or other covering must be worn over the uniform while eating and drinking anything other than water to prevent stains.***

Required Accessories: Accessories will be fitted and purchased on June 19. The following accessories are required (prices subject to change):

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| Silver boyshorts - \$21 | Sneakers - \$55 |
| Warm up Jacket - \$60 | Maroon Bow - price TBD |
| Black Leggings - obtain on your own | Pink Bow - price TBD |
| White no-show socks - obtain on your own | |

POLICIES

Payments: Registration fees are paid online by credit card. Our credit card policies are available on our website. All other payments must be made in the form of a check or money order, payable to **MMFA**.

Refunds: Registration refunds will be given upon request through uniform fittings (minus a \$25 administrative fee). No registration refunds will be given beyond that time unless there are extenuating circumstances such as illness or family relocation. Registration refunds will not be given to any cheerleader who has been dismissed from a team.

Codes of Conduct: All participants and parents are expected to follow their respective code of conduct. The MMFA Codes of Conduct for Parents and Participants are included within this packet and are also available on our website.

PRACTICES

Schedule: Tuesdays and Thursdays, 6-8PM at Memorial Park beginning July 10. Smurf practice will end at 7:30PM. Individual teams will continue practices into the school year, at the coach's discretion, as long as they are needed.

Attendance: Cheerleaders are expected to arrive on time to all practices, and be picked up on time. Please speak with your coach regarding planned vacations. A parent or responsible adult must initial a sign-out sheet at the end of every practice.

Parents are permitted to stay at the park during practice but are asked to observe from a distance to minimize distractions. If you do not plan to stay, please ensure your child is with your coach before you leave the park.

Attire: Comfortable athletic clothing (no jeans, jean shorts, or skirts); sneakers with ties (no sandals or slip on shoes); hair pulled back securely, NO JEWELRY. Cheer sneakers are recommended, especially for flyers, because they are lightweight, provide support, and have a smooth sole that will not injure bases. All cheerleaders should bring water. Cheerleaders may bring a towel to sit on during stretches.

Inclement Weather: Practices may be delayed or canceled due to inclement weather. A decision to cancel practice will be made by 5:30PM. Please check the Facebook page and/or your team page for updates. Practice will end due to lightning or heavy rain. Teams will go to the pavilion by the playground for pick up. We don't usually cancel practice due to heat, but will modify physical activity accordingly.

GAMES

Schedule: Games will be scheduled on Saturdays and Sundays. Schedules will be provided as soon as they are available. Check the website for updates. Cheerleaders will cheer for their designated team through playoff games and the Super Bowl. Your coach will provide you with an arrival time for each game day. Cheerleaders must arrive at the designated time, in full uniform, ready to cheer.

Attire: Full uniform, hair pulled back with bow facing forward. NO JEWELRY or NAIL POLISH. Cheerleaders should bring a duffle bag to games with all uniform accessories and water.

Inclement Weather: We cheer in the rain! Games may be delayed or canceled due to lightning or strong storms. Do not leave the field until you receive word from your coach regarding cancellation.

ATTENDANCE

Cheerleading is a team sport and takes time, commitment, and dedication from team members, parents, and coaches. When a child is absent or late, the team suffers. Attendance will be taken at all practices and games. Please contact your coach in advance of any planned absences such as family vacations. For unplanned absences or late arrivals, notify your coach at least one hour in advance **by phone**. Any part of a missed practice or game exceeding 30 minutes will count as an absence.

More than 4 missed practices and no-call/no-shows will result in your cheerleader sitting out a portion of a game. Cheerleaders with excessive absences or who miss two or more games will be subject to dismissal. The coach will present the circumstances to the cheerleading committee who will decide what action is appropriate. Registration refunds will not be given to any cheerleader who has been dismissed from a team.

MMFA CODE OF CONDUCT FOR PARENTS

NOTE: *The items below apply to all parents, relatives, friends and spectators.*

REGARDING PLAYERS, PARENTS AGREE TO:

- Place the emotional and physical well-being of the players ahead of a personal desire to win.
- Place the emphasis on fun and participation.
- Exhibit gracious acceptance of defeat or victory in order to lead by example for our children.

REGARDING BEHAVIOR, PARENTS AGREE TO:

- Use **appropriate language** and appropriate tones when interacting with players, league officials, game officials, other parents and spectators, with any disagreements between players, coaches, other parents, game officials, etc., to be discussed DISCREETLY out of earshot and view of players.
- **Follow the chain of command** regarding comments/disagreements: 1st speak with Head Coach, 2nd speak with the Vice President of Football or Cheer, and finally take your concern to the board of directors specifically by sending an email to the secretary (mbugwildcats@gmail.com) to request time to speak at the next board meeting. Your request will be reviewed and if approved, you will be added to the agenda. No remedy is available outside of these procedures. Attempting to circumvent these procedures will not be tolerated and will impede your access to bring the matter before the board.
- Treat all players, coaches, game officials, other parents and spectators with dignity and respect. ***This includes refraining from making any critical comments within earshot of players during practices and/or games.***
- Abide by and support the rules of the game as well as the spirit of the rules.
- Agree to be **alcohol, drug** and **TOBACCO** free at all team activities as well as in the presence of players at all games and practices in order to provide a safe, healthy atmosphere for sporting activities. (Smoking will be permitted in specified areas of the parking lot behind the Mechanicsburg Club).
- MMFA Coaches and Board Members are responsible for the safety and well-being of all the children within the program. For this reason, you are expected to respect the direction and requests of all coaches and board members at the field during all practices and games. This includes being asked to be quiet, move to a different location, go to your car or to leave the event. Failure to do so impedes the MMFA's ability to maintain order and ensure a safe and quality atmosphere and will not be tolerated.

ENFORCEMENT OF CODE OF CONDUCT

This Code of Conduct defines the expectations for parents with children in the MMFA. Failure to adhere to this Code of Conduct will result in the following action(s):

- Verbal warning given to parent/offender
- One week parent/offender suspension.
- Season suspension for parent/offender

MMFA CODE OF CONDUCT FOR PARTICIPANTS

As a player/cheerleader representing the Mechanicsburg Midget Football Association:

I understand that:

- Any participant who intentionally tries to injure another player will be dismissed immediately.
- Any participant who smokes, drinks alcohol or uses profane language or gestures at ANY time while in uniform or at a Wildcats event will be dismissed immediately.
- Any participant that purposefully humiliates, intimidates, or bullies another team member or acts in an unsportsmanlike manner toward a team member, visiting team member or a coach may be dismissed immediately.

I promise to:

- Pay attention to my coach, and respect my coach's authority.
- Treat my teammates with respect, the same way I would like to be treated
- Come to all practices and games ready to cheer and give my best effort every day!

CONTACT INFORMATION

2018 Cheer Coaches:

Midget: Rebecca Cappawana - 602-4149 - mburgwildcats@gmail.com
Casey Minnich - 798-6784 - cheer_registrar@mburgwildcats.com

Pony: Cassidy Cadeaux - 673-9257 - ccadeaux189@gmail.com
Kate Connors - 421-8525 - kathrynkitzy@yahoo.com

PeeWee: Aubrey Sippel - 497-9291 - arsippel@hotmail.com
Megan Ward - 574-6500 - meganward33@hotmail.com

Smurf: Kyrie Muffley - 343-6802 - buttrfly5288@aol.com
Nina Stare - 649-1075 - ninalastort@gmail.com

2018 Cheer Committee: The Cheerleading Committee functions within the Board and makes decisions for the cheer program based on past experience and parent input. Please come to us with questions, comments, concerns, and suggestions.

Jena Druck - cheer_director@mburgwildcats.com
Casey Minnich - cheer_registrar@mburgwildcats.com
Kate Connors - kathrynkitzy@yahoo.com
Kerry Finley - kerensafinley@gmail.com
Rebecca Cappawana - mburgwildcats@gmail.com
Nina Stare - nina.lastort@gmail.com

MMFA Board: The Board of Directors meets each month. Anyone is welcome to attend the monthly meetings. The schedule can be found on our website: www.mburgwildcats.com.

President: Rebecca Cappawana - mburgwildcats@gmail.com
Vice President of Football: Joe Cooper - coop8015@verizon.net
Vice President of Cheer: Jena Druck - cheer_director@mburgwildcats.com
Treasurer: Michael Witt - michael.r.witt.mil@mail.mil
Secretary: Kerry Finley - kerensafinley@gmail.com
CFA League Rep: Jason Misiti - jmisiti@yahoo.com
Football Registrar: Carrie Larock - football_registrar@mburgwildcats.com
Cheer Registrar: Casey Minnich - cheer_registrar@mburgwildcats.com
Football Equipment Manager: Jay Connors - jayconnorsjr@yahoo.com
Cheer Equipment Manager: Kate Connors - kathrynkitzy@yahoo.com
Fundraising Director: Andy Crone - redsox_9_34@outlook.com
Concessions Director: Lesia Grimes - lesiagrimes75@gmail.com
At Large Member: Joe Murlatt - joemurlatt@gmail.com
At Large Member: Ken Mazzie - kgm215@comcast.net
At Large Member: Mike Davies - madavies44@gmail.com
At Large Member: Nina Stare - nina.lastort@gmail.com
At Large Member: Casey Milligan -

MMFA Facebook: <https://www.facebook.com/mechanicsburgmidgetfootball/?ref=bookmarks>

MMFA YouTube Channel: <https://www.youtube.com/channel/UCOIC6MkCoAbL-D5d36xpLgQ>

MMFA Mailing Address: Mechanicsburg Midget Football Association
P.O. Box 63
Mechanicsburg, PA 17055