

UNIFORM MEASUREMENT GUIDE



Name: _____ Home Phone Number: (____) _____

School: _____

Squad Name: _____

Year of Graduation (Choose One): 2017 2018 2019 2020 Other: _____

We are sorry that you are unavailable to attend the uniform fitting appointment. The following measurements are needed to determine your sizes. Please have one person such as your coach or a seamstress take your measurements using the guidelines listed. Please be as accurate as possible. **Varsity will NOT be responsible for improper fit due to inaccuracy of measurements. If you fall in between sizes, we will automatically go to the next size up.**

Bust Measurement:

Measure around the body at the fullest part of the bust.

Waist Measurement:

Measure snugly at the natural waistline, approximately an inch above the belly button.

Hip Measurement:

Measure around the body at fullest part of the hips.

Skirt Length:

Measure from natural waistline down to desired length of skirt. Then subtract 1" for waistband.

Girth Measurement:

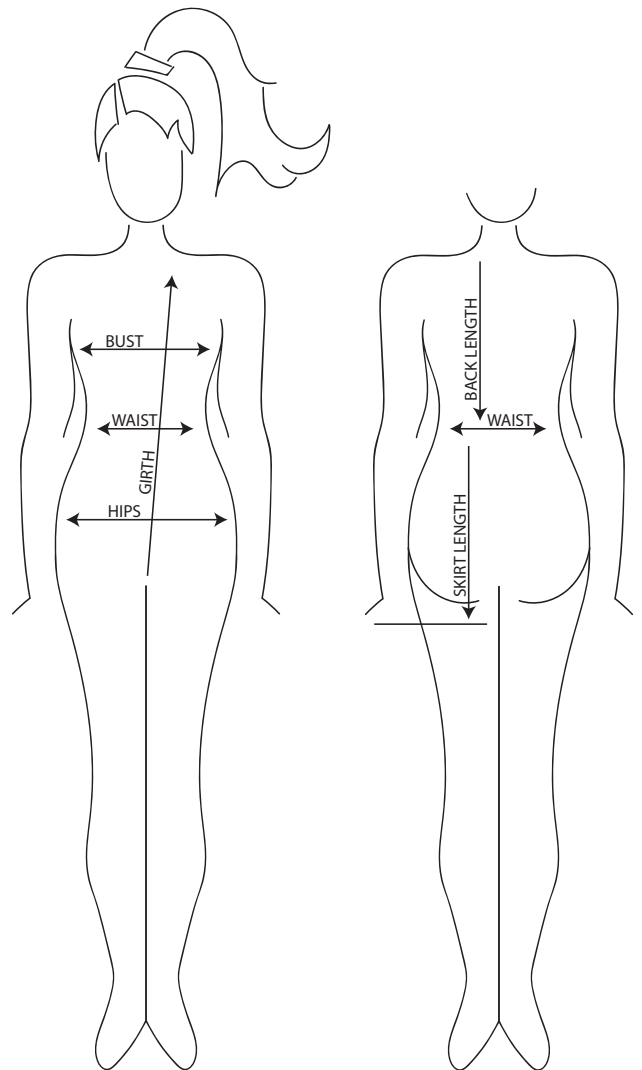
Measure your torso from front right shoulder blade, down between legs and then back up to meet end of tape at shoulder blade.

Inseam Measurement:

Measure from crotch down to bottom of inside foot.

Shoe Size:

Allow room for growth.



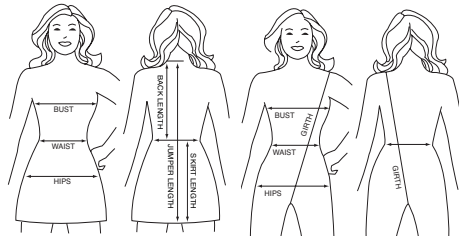
PLEASE SIGN AND FAX THIS FORM TO YOUR LOCAL REPRESENTATIVE.

I agree that these measurements are true and accurate. Varsity will not be responsible for the translation into garment sizes from these measurements and I will be responsible for any alterations if needed.

Parent Signature: _____

Date: _____

How to Determine Your Uniform Size



We strongly recommend that you contact your sales representative for professional assistance. For the Rep in your area call 1-800-533-8022 or visit varsity.com.

DO NOT TAKE YOUR OWN MEASUREMENTS. When being measured, wear the same under garments that will be worn with your uniform.

BUST/CHEST: With arms raised to shoulder level, measure around fullest part of the chest.

WAIST: Measure snugly around body at waistline.

HIPS: Measure around fullest part of the hips.

SKIRT LENGTH: Measure in back from the natural waistline, over the hips, to the desired length on leg. Skirt length measurement is indicated from the bottom of the waistband to the hemline.

GIRTH: Measure from the front of the shoulder down through the legs and back to the same shoulder.

PANT INSEAM: Measure inside the leg from top to the desired pant length. (Shorts: standard inseam).

Cheer and Dance Size Charts - Adults & Youth

WOMEN'S SHELL

Bust	Size	Bust	Size
27-28	28	41-42	42
29-30	30	43-44	44
31-32	32	45-46	46
33-34	34	47-48	48
35-36	36	49-50	50
37-38	38	51-52	52
39-40	40		

Additional back length available.

WOMEN'S SKIRT

Size	Waist	Hips	Length
1	20	30	You Determine
2	21	31	You Determine
3	22	32	You Determine
4	23	33	You Determine
5	24	34	You Determine
6	25	35	You Determine
7	26	36	You Determine
8	27	37	You Determine
9	28	38	You Determine
10	29	39	You Determine
11	30	40	You Determine
12	31	41	You Determine
13	32	42	You Determine
14	33	43	You Determine
15	34	44	You Determine
16	35	45	You Determine
17	36	46	You Determine
18	37	47	You Determine
19	38	48	You Determine
20	39	49	You Determine
21	40	50	You Determine
22	41	51	You Determine
23	42	52	You Determine
24	43	53	You Determine
25	44	54	You Determine

Skirt lengths 12"-19". Select styles available in additional lengths.

MOTIONFLEX® SKIRT / DANCE SKIRT / MOTIONFLEX® SHORT

SHORT		SKIRT
Size	Hips	Hips
2XS	29-30	31-32
XS	31-32	33-34
S	33-34	35-36
M	35-36	37-38
L	37-38	39-40
XL	39-40	41-42
2XL	41-42	43-44
3XL	43-44	45-46
4XL	-	47-48
5XL	-	49-50
6XL	-	51-52

WOMEN'S BODYLINER / MOTIONFLEX® SHELL / BODYHUGGER / DANCE TOP

Size	Bust	Waist	Hips
2XS*	24-26		
XS	27-29	21-23	29-31
S	30-32	24-26	32-34
M	33-35	27-29	35-37
L	36-38	30-32	38-40
XL	39-41	33-35	41-43
2XL	42-44	36-38	44-46
3XL	45-47	39-41	47-49

*Select styles only.

WOMEN'S DANCE PANT

Size	Hips	Inseam*
XS	31-33	28
S	33-35	29
M	35-37	30
L	37-39	31
XL	39-41	32
2XL	41-43	32
3XL	43-45	33
4XL	45-47	33
5XL	47-49	34
6XL	49-51	34

*Actual inseam on garment measures longer.

WOMEN'S DANCE DRESS

Size	Bust	Girth
XS	27-29	55-57
S	30-32	57-59
M	33-35	59-61
L	36-38	61-63
XL	39-41	63-65
2XL	42-44	65-67
3XL	45-47	67-69

WOMEN'S JACKET

Size	Bust
XS	28-30
S	31-33
M	34-36
L	37-39
XL	40-42
2XL	43-45
3XL	46-48

WOMEN'S PANT

Size	Waist	Hips
XS	20-22	31-33
S	23-25	34-36
M	26-28	37-39
L	29-31	40-42
XL	32-34	43-45
2XL	35-37	46-48
3XL	38-40	49-51

Select inseam 28", 30", 32" or 34".

GUY'S SHIRT*

Chest	Size	Chest	Size
29-30	34	41-42	46
31-32	36	43-44	48
33-34	38	45-46	50
35-36	40	47-48	52
37-38	42	49-50	54
39-40	44	51-52	56

*Poly/Powerfit™ GS- and MotionFLEX® GMF- prefix.

GUY'S MotionFLEX® BODYLINER / TOP*

Size	Chest	Size	Chest
XS	27-30	XL	43-46
S	31-34	2XL	47-50
M	35-38	3XL	51-54
L	39-42		

*Styles with GT- prefix.

GUY'S JACKET*

Size	Chest	Size	Chest
XS	27-30	XL	43-46
S	31-34	2XL	47-50
M	35-38	3XL	51-54
L	39-42		

*Styles with G- prefix.

GUY'S PANT / SHORT

Size	Waist	Hips	Size	Waist	Hips
S	28-30	34-36	XL	37-39	43-45
M	31-33	37-39	2XL	40-42	46-48
L	34-36	40-42	3XL	43-45	49-51

Select 26"-36" pant inseam; 37" for unhemmed.

YOUTH DANCE TOP

Size	Bust
YXS	19-21
YS	22-24
YM	25-27
YL	28-30
YXL	31-33

YOUTH DANCE PANT / SKIRT YOUTH MOTIONFLEX® SHORT / SKIRT

Size	Hip	Pant Inseam
YXS	22-24	20
YS	25-27	23
YM	28-30	25
YL	31-33	26
YXL	34-36	27

YOUTH DANCE DRESS

Size	Bust	Girth
YXS	19-21	36-40
YS	22-24	41-45
YM	25-27	46-50
YL	28-30	51-55
YXL	31-33	59-60

YOUTH SHELL

Chest	Size	Chest	Size
21-22	YXS	31-32	Y2XL
23-24	YS	33-34	Y3XL
25-26	YM	35-36	Y4XL
27-28	YL	37-38	Y5XL
29-30	YXL		

Additional back length available.

YOUTH SKIRT

Size	Waist	Hips	Size	Waist	Hips
A	20	29	H	27	36
B	21	30	I	28	37
C	22	31	J	29	38
D	23	32	K	30	39
E	24	33	L	31	40
F	25	34	M	32	41
G	26	35	N	33	42

Skirt lengths 10"-16". Select styles available in additional lengths.

YOUTH BODYLINER / BODYHUGGER

Size	Bust
YXS	21-22
YS	23-24
YM	25-26
YL	27-28
YXL	29-30
Y2XL	31-32

YOUTH WARMUP

JACKET		PANT	
Size	Bust	Waist	Hips
YXS	19-21	18-20	22-24
YS	22-24	21-23	25-27
YM	25-27	24-26	28-30
YL	28-30	27-29	31-33
YXL	31-33	30-32	34-36

Select inseam 17"-28".

YOUTH BOY'S

Size	Chest	Waist	Hips
YS	22-25	22-24	26-28
YM	26-28	25-27	29-31
YL	29-31	28-30	32-34
YXL	32-34	31-33	35-37

Select inseam 19"-28"; 29" for unhemmed.

PEE WEE

TOP*		SKIRT**	
Size	Bust	Waist	Hips
S	20-21	20-21	22-23
M	22-23	22-23	24-25

*Available in short, average, and tall back lengths. **Skirt lengths: 6", 7" and 8".

